

# NAVJEEVAN EDUCATIONAL AND SOCIAL WELFARE SOCIETY DIGHA

## ANNUNAL REPORT OF SKILL DEVELOPMENT PROGRAM (Tailoring)

January 2025 to December 2025

### Introduction

Skill development Program (Tailoring for the poor and marginalized women and girls) also is one of the main activities of the Navjeevan Educational and Social Society Digha. Through tailoring we mainly focus on **all-round development of each student and make them self-confident and self-supportive**. In this centre they are given many opportunities to grow as fully human beings. Navjeevan tailoring centre takes keen interest in each one to bring out their talents and abilities and the sense of art .

This skill has very good scope for the future. Our students are mainly from slums. All of them belong to very poor families and they are given the chance to grow as fully human beings. So it is a very good chance for them to develop one self and to grow with dignity and self-respect. They take keen interest in learning. We pay attention to each student without any religion or caste difference. (Caste difference is very much practised in Bihar). We give them the message that we all are brothers and sisters and we have to live in peace and harmony by respecting every one. We also give them awareness sessions on Health, education, atrocities on women, communicable and non-communicable disease etc. our students are from very poor and marginalised families and some centres are in the slums.

Last year we had tailoring centres only in the villages and slums. This year we have centres in four places and we are happy to say that out of four centres one is in Navjeevan itself. This year we have extended the duration of the course months to three and six months.(5<sup>th</sup> and sixth batch three months i.e. Kamala Nehru nagar and Jabalpur 1. )And 7<sup>th</sup> and 8<sup>th</sup> batch six months (jalalpur 2.) Because they suggested that they need at least six months to be become perfect and will be able to manage by their own.

We have completed 4 batches last year and this year two batches completed and certificates are given. Two batches are still continuing. After the completion of the course most of them are self-employed or employed by other tailors hence they started to earn and become self-reliant. At the end of the course they are given certificates.

### 5<sup>th</sup> batch in Kamala Nehru village.

#### 1<sup>st</sup> meeting

We had meeting with women and young girls who were interested in learning tailoring. Also few parents were present. We discussed about starting of tailoring center. Time , place and the day of inauguration were decided with them according to their convenience.

#### **Decisions taken:**

1. Monday to Friday.1pm to 4pm
2. Duration of the course: three months.
3. Mrs. Usha Devi is appointed as teacher by NESWSD.
4. We have decided to have Inauguration and starting of the Tailoring on 26.06.2025.



**Inauguration of Tailoring center in kamala Nehru nagar village 26.06.2025.**



We started the Inauguration of the Tailoring center by a prayer followed by lighting Lamp. The ward member was the resource person. She gave a nice message appreciating this effort and encouraging the students to make good profit of this opportunity. Women sang a awareness song. Sr. Tessa thanked the ward member and all those who were gathered for the program. Meeting ended by distribution of snacks. Classes started soon after the programes



**Classes are conducted step by step. First step is to practise on the paper**



**Started stitching on clothes**



**Regular supervision and monitoring by Sr. Tessa**

## 6<sup>th</sup> Batch in Jabalpur village

In Jabalpur village we have two tailoring centers in different centers. 1<sup>st</sup> batch started on 15<sup>th</sup> July 2025 and completed on 15<sup>th</sup> October and given certificate.



Manisha Teacher

Manisha Kumari is the Teacher in Jabalpur both the centers. She is teaching them to make mask first on the paper and afterwards on the cloth. Within three months they have learned to make all types of clothes which women and girls wear. E.g. salwar suite, kurti, skirt, petticoat, blouse etc. in different designs fashions.

Along with tailoring we give trainings in different subjects. Sr. Tessa is giving class on the importance of educating the children and the need to give them balanced diet avoiding the Junk food.



Manisha kumari is explaining them about personal and environmental hygiene. She also explained about sickness which is caused by lack of cleanliness.



# Inauguration of Marie Eugenie Tailoring NESWSD and Distribution of certificate for the students who completed the course

## Introduction

Inauguration of Marie Eugenie Tailoring Centre started by cutting Ribbon by Sr. Sherly the provincial Superior of Assumption sisters on 3<sup>rd</sup> Oct 2025. Students from Kamala Nehru Nagar, Jalalpur and NESWAD were present. After the cutting of the ribbon all entered the Room and program started by prayer song. After the program we have distributed Certificates to **48 students** who have completed the three months Tailoring course.



**8<sup>th</sup> Batch in Jalalpur village (2<sup>nd</sup> group in Jalalpur)**



**Tailoring center 8<sup>th</sup>Batch (2<sup>nd</sup> group) in Jalalpur village strted on 7<sup>th</sup> November 2025. No of students 20. Teacher manisha Kumari Time:Monday to Friday 12 to 3pm. It is going on well.**



**Clothes stitched by the students**



**Modles made by the students. First they make the modles of each items before stitching the real one. It helps them to remember the meassurment of each items**

## Celebrations

### 1. International women's day celebration

We have celebrated international Women's day on 8<sup>th</sup> march in Ambedkar nagar village with Varieties of cultural programs.

Gifts were given to the winners. This celebration gave a good opportunity, for the women who never goes out of their house, to come together and express their talents.



They have played "Holi" along with women's day celebration. it is a festival of Hindus especially of North India. on that day they will play by throwing colours on each other. It is a festival of joy and prosperity.



Distribution of gifts to those who won the competitions



## 2. Independence day celebration



We have celebrated Independence Day with the children of NIOS in NESWSD. The celebration started with Flag hosting followed by cultural programs. Sr. Tessy gave message.

## 3. Children's Day Celebration



We have celebrated children's day on 14<sup>th</sup> Nov.2025 with varieties of cultural programs by teachers and children.

**DANCE BY THE CHILDREN OF 1<sup>ST</sup> STANDRAD**



Our Tailoring course is going on well. Many women and young girls are being trained. Those who have been trained are doing good profit from it. These two batches completed the course and the other two are continuing their training. 7<sup>th</sup> and 8<sup>th</sup> batch will complete six months in March and 9<sup>th</sup> batch will start in April. Few of them have already taken admission for April 2026. We are happy that we have been able to start one Tailoring Centre in NESWSD itself.

No. of students: 1. Kamala Nehru Nagar: 24 students    2. Jalalpur 1<sup>st</sup> Batch 20 students  
3. Jalalpur 2<sup>nd</sup> batch : 20 students    3. NESWSD 25 students

**Certificate distributed to 44 students in 2025**

	activities	date	No. of participants	Resource person	place
1	Inauguration of the 5th Batch Kamala Nehru Nagar	26. 06.2025	20+10 people	Ward member	Kamala Nehru
2	Registration and starting class	27.06,2025	20 students	Usha Devi (Teacher)	Kamala Nehru
3	Inauguration of 6 <sup>th</sup> batch in Jalalpur.(1)	03.07.2025	18+5	Sr. Tessa & Manisha Kumar (Teacher)	Jalalpur
4	Training on importance of education of children (Jalalpur(1))	10.07.2025	17 women	Sr. Tessa	Jalalpur(1)
5	Training on personal & environmental hygiene	10. 07. 2025	15 women	Mrs Manisha Kumari	Jalalpur
6	Training on nutrition	04.08.2025	20 people	S. Tessa	Jalalpur
7	Inauguration & starting of Tailoring center In NESWSD	03.10. 2025	15 (new students) + (26 old students.)	Sr. Lissy and Sr. Tessa	NESWSD
8	Inauguration & starting of Tailoring center Jalalpur (2)	12.11.2025	20 people	Sr. lissy and Sr. Tessa	Jalalpur-2
9	Training on communicable diseases	14.12. 2025	15 people	Mrs Shobha	Jalalpur-2
10	International women's day celebration	08-03-2025	100 people	Ward member	Ambedkar nagar

### TRAINING ON HERBAL MEDICINE



### Iron Tonic from Maringa Oleifera leaves



#### Materials Needed

Maringa leaves



Jaggery



Glass Jar

We have explained well to the students how to make Iron Tonic from Maringa leaves (Drumstick). We also explained why it is called miracle Tree.

Maringa is called the "miracle tree" because nearly every part of it is edible and packed with an extraordinary amount of nutrients (vitamins, minerals, protein, and antioxidants) and beneficial compounds, making it a powerful super food and traditional medicine for combating malnutrition and various ailments. Its leaves are exceptionally rich in iron, calcium, vitamin C, protein, and all essential amino acids, earning it names like "[Tree of Life](#)".

## REHABILITATION OF DIFFERENTLY ABLED



Community based Rehabilitation of differently abled is another activity of NESWSD. We have regular meetings with them to know about their progress and problems. This meeting is a great help. It gives them a feeling that they are not alone and there is somebody cares for them, also it is a good opportunity for them to meet others and share their happiness and sorrows. We have identified 145 differently abled. Also we are helping ten children of differently abled parents for studies. Out of ten six children's both parents are polio affected and are either on the wheel chair or walking by calipers. There are more children who need our help. They are from Harnaut. Since we left Harnaut nobody is taking care of them.

Alok Kumar is studying in 2<sup>nd</sup> std. Recently he had surgery 2<sup>nd</sup> time on his legs to correct deformity

Our goal of Community based rehabilitation program is to achieve the maximum function and adjustment of the individual and to prepare them physically, mentally, socially and vocationally for the fullest possible life compatible with his abilities and disabilities.

- Our first priority for these children is his social and emotional development. Children with physical challenges often have difficulty with relationships because of their physical limitations.
- Moving through each stage of development, including social, emotional, and intellectual as well as physical development, is much harder for them — but still do-able.
- Being the community based venture it gives us greater opportunity to interact with the families and communities on regular basis
- We provide education up to graduation, medical and social rehabilitation (e.g. Surgery, tricycle, callipers, vocational training, tailoring, tailoring machine, small shops as IGP etc.).

### Activities

- **Regular visit to their homes and coaching centres.**
- **Medical treatment:** help is given to them for Surgery to correct deformity, for medical treatment etc.

- **Income generation activity:** we also help for small income generation activities

activities. Mansodhr Kumar was given help to buy E. Richauw two years back with he earned money and he started a small shop. His wife also is handicapped (Dwalf) and when Mansodhar, her Husband, goes with passengers she sits in the shop. Like that both of them are earning some income for the family. He has two children. We are helping them for their studies



Shoba Devi  
Mansodhar's wife in  
the shop with her  
child

Mansodhar  
Kumar in the  
shop.



- **Monthly meeting:** Monthly meeting helps to know about their progress, problems etc. it also is a good opportunity for them to meet their companions and exchange their happiness and sorrows. During meeting awareness classes are given on different subject like health, protection of environment, communicable diseases and their preventions, HIVAIDS, personal and environmental hygiene, different sickness, its causes and prevention and the importance of spending time for studies.



Monthly  
meeting  
In Harnaut



- **Financial Help for their studies:** Tuition fees, College registration fees, text books, copy books dresses etc. are given to them according to their need. Also personal attention is given to each child.

**Alock Kumar** is a polio affected child. He is studying in class two. His both legs are affected by polio. It was corrected to some extend by 1<sup>st</sup> Surgery. Now he had One more surgery in November 2025, now he is can walk slowly. He started going to school.



Sr. Tessa visiting him  
in his home his house



- **International Differently abled Day celebration.**

International Disabled day is on 3<sup>rd</sup> December but due to some inconvenience we celebrated international Disabled day on 21<sup>st</sup> February 2026 in Patna. Children from Harnaut were brought by Auto Rickshaw. Meeting started at 11 AM with prayer song by the differently abled.

After Prayer Mr Sunman, sr. Lissy and Sr. Tessy gave messages of encouragement and support.

By 3pm they went after having lunch.



Prayer



Giving them stall



**Dear Agnes and the team shrift und shrift,**

**we Sr. Lissy, sr. Tessy, all the staffs of NESWD and all the beneficiaries thank you all very much for the help, Sport, care and encouragement you have given our children and women. Without your help this many children and women may not have been able to do any progress. We wish you all good health and abundant graces of God.**

**Yours sincerely**

**SR. Tessy parappuram**

**Navjeevan Educational and Social Welfare Society Digha**





## NAVJEEVAN EDUCATIONAL & SOCIAL WELFARE SOCIETY DIGHA

### Activities of Skill Development Programs: Tailoring 2024-2025

	activities	date	No. of participants	Resource person	place
1					
2	Inauguration of the 5th Batch Kamala Nehru Nagar		2+5 people	Ward member	Kamala neharu
3	Registration and starting class		20 students	Usha Devi	Kamala neharu
4	Inauguration of 6 <sup>th</sup> batch in Jalalpur.(1)		20 students +10 people	Sr. Tessy	Jalalpur
5	Training on importance of education of children		15 women	Sr. Tessy	Bans kothi
6	Training on nutrition		20 people	Sr.Tessy	Raja pool
7	Training on personal & environmental hygiene		20 people	Manisha Kumari	Jalalpur-2
8	Training on communicable diseases			Shobha	Kamla Nehru Nagar
9					Raja pool
10	Inauguration of 3 <sup>rd</sup> batch in Round table	10.09.2024	11 + 7= 18 people	Ward councillor	Round table n
11	Training on menstrual hygiene	17.09.2024	20 people	Mena Devi	Round table n

